OSVENTOS

WEEK FROM NOVEMBER 30TH TO DECEMBER 6TH

WEEK 2		LUNCH		DINNER	
MONDAY	A	SALAD	3-4-12	SALAD	3-4-12
	B	LEEK CREAM		PUMPKIN CREAM	
	C	MEATBALLS "GRANDMA" STYLE	1-3-12	ORANGE CHICKEN STEW	12
	D	GRILLED "CHERNE" FISH WITH LEMON	4	FISH STEAKS WITH ALIOLI SAUCE	1-3-4-7
	V	STUFFED AUBERGINE	7-12	LEEKS PIE	1-3-7
	OP	GRILLED MIXED MEAT		GRILLED MIXED MEAT	
		OP: OTHER OPTION SECOND DISH			
TUESDAY	A	SALAD	3-4-12	SALAD	3-4-12
	B	CHICKPEAS SOUP	12	"PICADILLO" SOUP	1-3
	C	TACOS WITH MEAT AND VEGETABLES 1-3-7-12		GRILLED MARINATED LOIN	3-7-12
	D	ONION FISH	4	PAELLA WITH FISH	4-12
	V	GRATIN VEGETABLE PIE	7-12	STUFFED TOMATOES	3-7-12
	OP	GRILLED MIXED MEAT		GRILLED MIXED MEAT	
WEDNESDAY	A	SALAD	3-4-12	SALAD	3-4-12
	B	COOKED SOUP		SOUP "GALLEGA" STYLE	4-12
	C	BEEF WOK	6-12	PASTA WITH TUNA AND BACON	1-4-7-12
	D	GALLEGA STYLE PIE	1-3-4-7-12	SCRAMBLED MUSHROOMS	1-3-12
	V	GRATIN OF LEEKS	7-12	AUBERGINE STUFFED WITH VEGETABLES	7-12
	OP	GRILLED MIXED MEAT		GRILLED MIXED MEAT	
THURSDAY	A	SALAD	3-4-12	SALAD	3-4-12
	B	ORCHARD CREAM		GREEN SOUP	3
	C	BEEF AND VEGETABLE PAELLA	12	LOIN AND VEGETABLES WOK	6-12
	D	SAILOR´S STEW WITH POTATOES	4-12	STRUDEL WITH CHEESE, TOMATO AND EGGPLANT	7-12
	V	GRATIN PUMPKINS AND TOMATOES	7-12	OMELETTE "JULIANA"	3
	OP	GRILLED MIXED MEAT		GRILLED MIXED MEAT	
FRIDAY	A	SALAD	3-4-12	SALAD	3-4-12
	B	VEGETABLES SOUP		STUFFED ZUCCHINI "BUBANGO"	7
	C	PORK IN SWEET AND SOUR SAUCE	1-6-12	CURRY BREAST	7-12
	D	BREADED FISH	1-3-4	BAKED "FOGONERO" FISH	4
	V	BAKED VEGETABLE BRUSH		VEGETABLE CAKE	1-3-7-12
	OP	GRILLED MIXED MEAT		GRILLED MIXED MEAT	
SATURDAY	A	SALAD	3-4-12	SALAD	3-4-12
	B	PIZZA "MARGARITA"	1-7-12	PEACHES STUFFED WITH TUNA	3-4-7-12
	C	CHICKEN STEW WITH VEGETABLES	12	BBQ CHICKEN HAMS	6-10-12
	D	COD IN TOMATO SAUCE	1-4-12	TUNA AND LEEKS CAKE	1-3-7-12
	V	BAKED VEGETABLES	7	VEGETABLE PASTA	1-7
	OP	GRILLED MIXED MEAT		GRILLED MIXED MEAT	
SUNDAY	A	SALAD	3-4-12	SALAD	3-4-12
	B	POTAJE "RANCHO CANARIO"	1-12	CHICKEN SOUP	1
	C	"CORDON BLUE" OF CHICKEN	1-3-7	PORK FILLET WITH PEPPER	6-7-11-12
	D	STUFFED BIG POTATOE	3-4-7	SEAFOOD PAELLA	4-12
	V	SPANISH OMELETTE	3	GRILLED VEGETABLES	
	OP	GRILLED MIXED MEAT		GRILLED MIXED MEAT	

FOOD ALLERGENS

1. GLUTEN 2. CRUSTACEANS 3.EGGS 4.FISH 5.PEANUTS 6.SOYA 7.MILK 8.TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME 12. SULPHITES 13.MOLLUSCS 14. LUPIN