

WEEK 4		LUNCH		DINNER
MONDAY	A	SALAD	S	SALAD
	B	VEGETABLE SOUP (1)	So	PALMENTIER CREAM (7-12)
	C	SAUTÉED RICE WITH MEAT (12)	E	BREADED CHICKEN RABS (1-3)
	D	BREADED HAKE FILLET (1-6-12)	F	SAUTTED SEA BASS WITH LEMON (4)
	V	VEGETABLE PIZZA (1-7-12)	V	PASTA WITH VEGETABLE SAUCE "PISTO" (1-3-7-12)
	OP	SQUID "LA ROMANA" STYLE	OP	SQUID "LA ROMANA" STYLE
		OP: OTHER OPTION SECOND DISH		
TUESDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
WEDNESDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
THURSDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
FRIDAY	A	SALAD	S	SALAD
	B	WHITE BEAN SOUP (12)	So	VEGETABLE SOUP
	C	GARLIC CHICKEN (12)	E	CHICKEN SKEWER
	D	TUNA CAKE (1-3-4-7-12)	F	HAKE SCALLOPS (1-3-4)
	V	NOODLES IN VEGETABLE SAUCE (1-6-7-12)	V	POTATO AND ZUCCHINI OMELETTE (3)
	OP	SQUID "LA ROMANA" STYLE	OP	SQUID "LA ROMANA" STYLE
SATURDAY	A		S	
	B		So	
	C		E	
	D	BUFFET	F	BUFFET
	V		V	
	OP		OP	
SUNDAY	A		S	
	B		So	
	C		E	
	D	BUFFET	F	BUFFET
	V		V	
	OP		OP	

FOOD ALLERGENS

1. GLUTEN 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYA 7. MILK 8. TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME 12. SULPHITES 13. MOLLUSCS 14. LUPIN