

WEEK FROM JUNE 16TH TO JUNE 22TH						aramark
WEEK 3		LUNCH		DINNER		
MONDAY	A	SALAD (3-4-12)	S	SALAD (3-4-12)		
	B	BEANS SOUP (2-4-13)	So	VEGETABLES SOUP		
	C	GRILLED CHICKEN BREAST	E	PASTA CARBONARA (1-3-7)		
	D	GALLEGA STYLE FISH (4-12)	F	FISH ESCALOPE (1-3-4)		
	V	SPANISH OMELETTE (3)	V	STUFFED TOMATOES (3-7)		
	OP	PORK AND VEGETABLES WOK (6-10-12)	OP	PORK AND VEGETABLES WOK (6-10-12)		
		OP: OTHER OPTION SECOND DISH				
TUESDAY	A		S			
	B		So			
	C	BUFFET	E	BUFFET		
	D		F			
	V		V			
	OP		OP			
WEDNESDAY	A		S			
	B		So			
	C	BUFFET	E	BUFFET		
	D		F			
	V		V			
	OP		OP			
THURSDAY	A		S			
	B		So			
	C	BUFFET	E	BUFFET		
	D		F			
	V		V			
	OP		OP			
FRIDAY	A		S			
	B		So			
	C	BUFFET	E	BUFFET		
	D		F			
	V		V			
	OP		OP			
SATURDAY	A		S			
	B		So	BUFFET		
	C	BUFFET	E			
	D		F			
	V		V			
	OP		OP			
SUNDAY	A		S			
	B		So			
	C	BUFFET	E	BUFFET		
	D		F			
	V		V			
	OP		OP			
FOOD ALLERGENS						
1. GLUTEN 2. CRUSTACEANS 3.EGGS 4.FISH 5.PEANUTS 6.SOYA 7.MILK 8.TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME 12. SULPHITES 13.MOLLUSCS 14. LUPIN						